

FLIGHT OPERATIONS TRAINING DIVISION		RECURRENT TRAINING (January to June - odd)		DAY- 1 (Training Session)	
NAME:		P.NO:		CREW POSITION <input type="checkbox"/> CAPT <input type="checkbox"/> F/O <input type="checkbox"/> I.P	
DATE	LOCATION	TOTAL SESSION TIME 04:00 HOURS		TIME PF	TIME PNF
AIRCRAFT DATA					
ZERO FUEL WT	195000 KGS	C.G	___	THRUST REDUCTION	1000 FT
TOTAL FUEL	71300 KGS	TAKEOFF FLAPS	15	ACC HEIGHT 2/1 ENG	3000/ 1000 FT
TAKEOFF WT	265900 KGS	CRUISE ALTITUDE	FL340	TAKEOFF THRUST	ASSUMED TEMP ___°C
RESERVE FUEL	8100 KGS	COST INDEX	180	MEL "B" SNAG	TAC U/S
SESSION DATA AND WEATHER					
DEPARTURE AIRPORT	ICAO CODE OPLA	RUNWAY IN USE 36R		BRAKING ACTION GOOD	
WEATHER: Instructor's discretion					
ATC: OPLA ZARA3A ZARAF DCT JHANG A466 SITAX M875 AMDAR A466 TMD A66 ODIVA B824 URL G3 ARISA M166 IN L169 OPOKA M869 LEP M864 KOLJA M611 DEGUL UN872 PAM UL980 XAMAN L980 LOGAN LOGA1H EGLL					
DESTINATION AIRPORT	ICAO CODE EGLL	RUNWAY IN USE 27L/R		BRAKING ACTION MEDIUM	
WEATHER: Instructor's discretion					
ALTERNATE AIRPORT	ICAO CODE EGCC	RUNWAY IN USE 23R		BRAKING ACTION GOOD	
WEATHER: INSTRUCTOR'S DISCRETION					
ATC: EGLL BPK5K BPK L10 BUZAD T420 WELIN N57 TNT DAYN2A EGCC					
SESSION OBJECTIVE					
1. This flight profile includes those procedures and maneuvers that can be practiced to improve skill level in a simulator. The sequence and maneuvers / exercises may be changed and selected at the discretion of the Check Pilot.					
2. The instructor will provide appropriate instruction;; weather information and air traffic clearances, as far as possible conduct the flight on a real time basis					
3. Simulator system faults will be removed after full stop landing.					
4. The crew will be expected to respond to instructions and situations as they would on line flight, and to use flight deck resources available (autopilot, auto throttle etc.) unless specifically restricted by the instructor.					
5. Command qualities and crew co-ordination are part of the desired learning outcome.					
6. The Sequence of Non-normal procedures/TOGW for subsequent Take-offs will be at the discretion of the Check Pilot.					
7. Instructors to ensure that during intermediate/final level off vertical speed is reduced to 1000fpm when 1000 ft to leveloff altitude, in order to reduce frequency of unnecessary TCAS „RA" activation.					
Instructor and trainee are requested to carry updated iPads					
SESSION EVALUATION					
EVALUATION AREAS		BELOW	MARGINAL	AVERAGE	HIGH
PROCEDURES & SYSTEM KNOWLEDGE					
FLYING SKILL					
CREW RESOURCE MANAGEMENT					
OVERALL STANDARD		<input type="checkbox"/> HIGH	<input type="checkbox"/> AVERAGE	<input type="checkbox"/> MARGINAL	<input type="checkbox"/> REMEDIAL REQUIRED
COMMENTS:					
TRAINEE'S SIGNATURE		NAME OF INSTRUCTOR		SIGNATURE OF INSTRUCTOR	
				LIC. NO	

FLIGHT OPERATIONS TRAINING DIVISION	RECURRENT TRAINING (January to June - odd)	DAY- 1 (Training Session)		
DISCUSSION ITEMS		GRADE		REFERENCE
		PF	PNF	
1. WIND SHEAR / CB / SEVERE TURB.				FCTM
2. STALL AND RECOVERY				FCTM
3. STEP CLIMB				FCTM
4. FUEL JETTISON				FCTM/QRH
5. TECHNICAL BULLETINS/MEL-DDPG				FCOM
6. NOISE ABATEMENT PROCEDURE				JEPPESEN
7. MOST FREQUENT FDM EVENTS				FDM DATA
SESSION DETAIL				
1. PREFLIGHT AND FMS INITIALIZATION				FCOM, NP
2. ENG START MALFUNCTIONS (M1)				QRH, FCOM
3. TAXI OUT - MAIN GEAR STEERING FAULT				FCTM (REF MEL)
4. T/O, CLIMB, LVL OFF/GPWS (M2)				FCOM NP, FCTM
5. TCAS EVENT (M)				FCTM
6. ELEC GEN DRIVE (L/R)				FCTM, QRH
7. CABIN ALT AUTO (DURING CLIMB MAN CONT)				QRH
8. CABIN ALTITUDE (RAPID DESCENT) (M1)				QRH
9. DIVERT TO UTST/UTTT NPA (M)				FCTM
10. G/A FROM MDA(H)/ ENG FAIL (M)				FCTM, FCOM
11. ILS APP 25 CAT-1, LANDING				FCOM, FCTM
12. T/O ENGINE FIRE (UN-EXTINGUISHABLE)				QRH , FCTM
13. VISUAL CIRCUIT LANDING				FCOM, NP, FCTM
14. PAX EVACUATION (M1)				QRH, FCTM
15. MANUAL FLIGHT				FCTM
16. DISCONTINUED APPROACH MANEUVER				CPCT CIRCULAR
INSTRUCTOR DISCRETION				
1.				
2.				
R.H.S TRAINING FOR CAPTAINS				
1. TAKEOFF ENGINE FAILURE AT V1				FCTM
2. SINGLE ENGINE ILS APPROACH				FCTM
3. SINGLE ENGINE GO-AROUND FROM DA (H)				FCTM
4. SINGLE ENGINE ILS APPROACH & LANDING				FCTM
5. PAX. EVACUATION				FCTM
RESOURCE MANAGEMENT (M)				
1. THREAT & ERROR MANAGEMENT (TEM)				OM
2. CREW COMMUNICATION				OM
a. BETWEEN COCKPIT & CABIN/GROUND				OM
b. DURING NORMAL PROCEDURES				OM
c. DURING NON-NORMAL PROCEDURES				OM
d. USE OF STANDARD TERMINOLOGY				OM
LEGEND				
M: Mandatory Item	M1: Once a Year Mandatory Item	M2: Cyclic Mandatory Item Conditional (Jan-Jun – Capts)/ (Jul-Dec – FOs)		

FLIGHT OPERATIONS TRAINING DIVISION		RECURRENT TRAINING (January to June - odd)		DAY- 2 (Evaluation/Check Session)	
NAME:		P.NO		CREW POSITION <input type="checkbox"/> CAPT <input type="checkbox"/> F/O <input type="checkbox"/> I.P	
DATE	LOCATION	TOTAL SESSION TIME 04:00 HOURS		TIME PF	TIME PNF
AIRCRAFT DATA					
ZERO FUEL WT	195000 KGS	C.G	_____	THRUST REDUCTION	FLAPS 5/ 1000ft
TOTAL FUEL	59500 KGS	TAKEOFF FLAPS	15	ACC HEIGHT 2/1 ENG	3000/ 1000 FT
TAKEOFF WT	253700 KGS	CRUISE ALTITUDE	FL350	TAKEOFF THRUST	ASSUME TEMP _____°C
RESERVE FUEL	8600 KGS	COST INDEX	180	MEL "B" SNAG	ENG AUTOSTART U/S
SESSION DATA AND WEATHER					
DEPARTURE AIRPORT	ICAO CODE EGLL	RUNWAY IN USE 27L/R		BRAKING ACTION MEDIUM	
WEATHER: INSTRUCTOR'S DISCRETION					
ATC:EGLL BPK7F BPK Q295 BRAIN M197 REDFA UL620 TULIP UY12 SPY UN873 JUIST UP729 DOSUR P729 TALSA P730 CDA M611 KOLJA M864 TU L169 IN M166 FE T568 OLUPI T573 PENIR T531 GUTAN A368 URL B824 ODIVA A66 TMD A466 AMDAR M875 TAPIS L509 INDEK J121 MENEL MENE1C OPLA					
DESTINATION AIRPORT	ICAO CODE OPLA	RUNWAY IN USE 36R		BRAKING ACTION GOOD	
WEATHER: INSTRUCTOR'S DISCRETION					
ALTERNATE AIRPORT	ICAO CODE OPMT	RUNWAY IN USE 36		BRAKING ACTION GOOD	
WEATHER: INSTRUCTOR'S DISCRETION					
ATC: OPLA LEMO4B LEMOM J166 MOLTA J138 MT DCT OPMT					
SESSION OBJECTIVE					
1. To demonstrate required level of proficiency while performing selected normal and non-normal procedure in sim. The sequence and maneuvers/exercises may be changed and selected at the discretion of the Check Pilot.					
2. The instructor will provide appropriate instruction;; weather information and air traffic clearances, as far as possible conduct the flight on a real time basis					
3. Simulator system faults will be removed after full stop landing.					
4. The crew will be expected to respond to instructions and situations as they would on line flight, and to use flight deck resources available (autopilot, auto throttle etc.) unless specifically restricted by the instructor.					
5. Command qualities and crew co-ordination are part of the desired learning outcome (CRM concepts).					
6. The Sequence of Non-normal procedures/TOGW for subsequent Take-offs will be at the discretion of the Check Pilot.					
Instructor and trainee are requested to carry updated iPads					
OVERALL STANDARD <input type="checkbox"/> HIGH <input type="checkbox"/> AVERAGE <input type="checkbox"/> MARGINAL <input type="checkbox"/> REMEDIAL REQUIRED					
COMMENTS:					
TRAINEE'S SIGNATURE		NAME OF INSTRUCTOR		SIGNATURE OF INSTRUCTOR	
				LIC. NO	

FLIGHT OPERATIONS TRAINING DIVISION	RECURRENT TRAINING (January to June - odd)	DAY- 2 (Evaluation/Check Session)		
NOTE: BRIEFING AND DISCUSSION ITEMS MUST BE CONDUCTED IN THE BRIEFING ROOM AT LEAST 01:30 HRS BEFORE SESSION TIME				
DISCUSSION ITEMS		GRADE		REFERENCE
		PF	PNF	
1.	LOW VISIBILITY PROCEDURE			FCTM
2.	CARGO FIRE			FCTM
3.	FIRE WHEEL WELL			FCTM/FCOM
4.	GPWS (CFIT)			FCTM/FCOM
5.	DRIFT DOWN PROCEDURE			FCTM
6.	VOLCANIC ASH			QRH/FCTM
SESSION DETAIL				
1.	PREFLIGHT AND FMS INITIALIZATION			FCOM, NP
2.	START MALFUNCTIONS (M1)			FCTM, QRH
3.	REJECTED T/O < V1 ENG FAIL/ FIRE (M)			FCTM
4.	TAKE OFF QUICK LEVEL OFF, THEN GPWS EVENT (M2)			FCTM, QRH
5.	TCAS, JET UPSET RECOVERY (M)			FCOM, FCTM, QRH
6.	STALL & RECOVERY (CLEAN/T-OFF/LDG) (M1)			FCTM, QRH
7.	PACK OVERHEAT, SLOW DECOMPRESSION, EMERGENCY DESCENT (M1)			FCTM, QRH
8.	FMC WORK DIVERT TO EGCC			FCTM
9.	NPA, GO-AROUND			FCTM
10.	ENG. STALL/OVER LIMIT VISUAL CIRCUIT TO LAND			FCOM, QRH, FCTM
11.	T/O WINDSHEAR, (AVOIDANCE RECOVERY) (M2)			FCTM
12.	ENG. FIRE ILS APP, LANDING			FCTM, QRH
13.	PAX EVACUATION (M1)			FCOM, QRH
LOW VISIBILITY PROCEDURE CAT-II / IIIa/b				
1.	TAKEOFF RVR 125/150 M			FCTM
2.	REJECTED TAKEOFF < 80 KTS/VI (M)			FCTM
3.	TAKEOFF, CAT-II / IIIa/b APPROACHES WITH FAILURE ACTION ABOVE 1000 AAL			FCTM
4.	CAT-II / IIIa/b APPROACHES FAILURES NECESSITATING GO AROUND			FCTM
5.	CAPTAIN INCAPACITATION (FOR FO ONLY) (M1)			FCTM
6.	CAT-II / IIIa/b APPROACHES WITH AUTO LAND			FCTM
RESOURCE MANAGEMENT (M)				
1.	CREW COORDINATION			OM
2.	FLIGHT DECK MANAGEMENT			OM
3.	PROCEDURAL EXECUTION & ADHERENCE			OM
4.	DECISION MAKING / PROBLEM RESOLVING			OM
5.	AIRMANSHIP			OM
6.	SITUATIONAL AWARENESS			OM
7.	AIRCRAFT TECHNICAL KNOWLEDGE			OM
LEGEND				
M: Mandatory Item	M1: Once a Year Mandatory Item	M2: Cyclic Mandatory Item Conditional (Jan-Jun – Capts)/ (Jul-Dec – FOs)		